

DEPARTMENT OF LIFELONG LEARNING

SYLLABUS FOR THE SESSION 2026-2027

Certificate Course in Apparel Designing (AD)



GURU NANAK DEV UNIVERSITY, AMRITSAR

The **One year certificate course in Apparel Designing (AD)** is being run under the Department of Lifelong Learning, Guru Nanak Dev University, Amritsar. The course is of one-year duration, and the examination is conducted only once at the end of the academic session. After successful completion of the course and passing the final examination, a candidate shall be awarded the Certificate in Apparel Designing by the Department of Lifelong Learning, Guru Nanak Dev University, Amritsar.

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One Year Certificate Course in Apparel Designing (2026-27)
Department of Lifelong Learning, Guru Nanak Dev University, Amritsar

PROGRAMME OBJECTIVES:

The main objectives of this programme are to:

- Provide fundamental knowledge of stitching techniques including hand sewing and machine sewing.
- Develop skills in garment construction, including seams, finishing, and pattern handling.
- Introduce students to various types of embroidery techniques for decorative and creative purposes.
- Develop understanding of human body proportions.

PROGRAMME OUTCOMES:

After completing this course, students can explore the following career paths:-

- Embroidery Designer / Hand Embroidery Specialist
- Garment Production Assistant
- Costume Designer for TV, Theatre and Events
- Alteration Specialist in garment stores and boutiques.
- Boutique Owner

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Chairperson

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ORDINANCES

1. Duration of Course :-

- a. Examination will be held once at the end of course after one year as per GNDU schedule.

2. Eligibility:

- a. Only for Girls.
- b. The candidate who have passed 10th Class examination with minimum 35% Marks.

3. Mode of Admission:

- a. The admission will be made by a committee constituted by the Worthy Vice-Chancellor strictly on the basis of the merit of the candidates in 10th class.
- b. If any of the admitted student remains absent consecutively for fifteen days without prior information and permission of heading authority from the commencement of the course, the name of such candidate shall be struck off from the rolls of the department and the next candidate on the waiting list in order of merit of the respective course shall be admitted in his/her place with the permission of the Director of the department.

4. Attendance Instructions:

- a. The students admitted to One Year Diploma/Six Month Certificate Courses, who remain consecutively for 15 working days during the duration of the course without any information to the department their name(s) shall be stuck of from rolls of the department with the permission of Dean Academic Affairs.
- b. The students admitted in One Year Certificate, if they attain less than 25% of the total attendance in six months their name(s) shall be stuck of from rolls of the department with the permission of Dean Academic Affairs.
- c. The students admitted in six month certificate courses, if they attain less than 25% of total attendance in three months, the name(s) of such students shall be stuck off from rolls of the department with the permission of Dean Academic Affairs.
- d. Attended not less than 75% of the full course of lectures delivered and practical arranged for the class.
- e. The Director of the department shall have the power to condone shortage of lectures in each paper up to 15% of total taken separately.

5. Fees:

According to the schedule, every candidate shall pay such fees to the university, as per university rules.

6. General Instructions:-

- a. The candidate shall be eligible to appear in the examination provided :
 - (i) She bears good moral character.

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- b. The examination shall be held in accordance with the syllabus prescribed by the Department from time to time.
- c. The examination shall consist of Practical and Exhibit Display.
- d. The Practical paper shall be set by examiner on the spot.
- e. The medium of instruction/examination shall be English/Punjabi/Hindi in general.
- f. The marks of exhibit display shall be based on House Test and performance of the students.
- g. The marks of exhibit display shall be submitted to the Director of the Department fifteen days before the commencement of the examination.
- h. Minimum number of marks required to pass the examination shall be 35% in each Practical/Exhibit Display separately.
- i. If the candidate Absent/Fails in one or more Practical Examination her result shall be declared Fail.
- j. The result shall be declared and published by the Department.
- k. The successful candidates shall be awarded division according to the following criteria:
 - (i) Those who obtain 60% or more marks - First division.
 - (ii) Those who obtain 50% or more but less than 60% marks - Second Division.
 - (iii) Those who obtain 35% or more marks but less than 50% - Third Division.
- l. Each successful candidate shall be awarded a Certificate Signed by the Director of the Department showing the division and the Aggregate Marks obtained.
- m. Fee for issuing of duplicate certificate shall be decided from time to time by the approval of the worthy Vice-Chancellor.

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CRITERIA FOR ADMISSION

The Committee makes the following recommendations after deliberations:-

1.	Name of the Course	Certificate Course in Apparel Designing,	
2.	Duration	One Year	
3.	Commencement of Course	July (Every Year)	
4.	Eligibility	a. Only for Girls. b. Matriculation (10 th) for any recognized board with minimum 35% marks	
5.	Venue	Department of Lifelong Learning, Guru Nanak Dev University, Amritsar	
6.	No. of Seats	40 Seats	
7.	Mode of Admission	a. The admission will be made by a committee duly constituted by the worthy Vice-Chancellor strictly on the basis of the merit of the candidates in Matriculation (10 th) examination. b. If any of the admitted student remains absent consecutively for fifteen days without prior information and permission of the heading authority, her name shall be struck-off from the rolls of the Department and the next candidate on the waiting list in order of merit of the respective course, shall be admitted in her place with the permission of the Director of the Department.	
8.	Fee Structure	Total Fee: Rs. 17650/-	
	At the Time of Admission (July 2026 - June 2027)	Rs.17650/- (To be deposited at the time of Admission) which includes:- Admission Fee = Rs. 2200/- Examination Fee = Rs. 1400/- Tuition Fee: Rs. 1150x12 Months = Rs. 13800/- Identity Card Fee = Rs. 250/-	
9.	Late fee at the time of admission	July 2026 to June 2027	
		May 8 th 2026 to July 31 st 2026	Nil
		Aug 3 rd 2026 to Aug 11 th 2026	Nil
		Aug. 12 th 2026 to Aug 20 th 2026	Rs.3000/-
		Aug. 21 st 2026 to Aug 31 st 2026	Rs. 4000/-
		Sep. 1 st 2026 to Sep.10 th 2026	Rs. 6000/-
		Sep. 11 th 2026 to Sep 18 th 2026	Rs.9000/-
		Within 15 days from the date of closing of admission	
		Rs. 10000/-	
10.	Review of Course of Reading	The syllabus committee constituted by the worthy Vice-Chancellor will review the course of reading for the session.	
11.	Conduct of examination, evaluation & award of certificate	To be decided with the approval of worthy Vice-Chancellor.	

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SCHEME OF STUDY AND EXAMINATION

	SCHEME OF STUDY		SCHEME OF EXAMINATION	
Course Code	Name of Paper	Credits/Hrs. per Week	Total Marks	Examination Hrs.
AD101	Paper-I (Theory) Garment Construction	6 Hrs.	75	3 Hrs.
AD102	Paper-II (Practical-I) Needle Craft and Surface Ornamentation	5 Hrs.	100	4 Hrs.
AD103	Paper-III (Practical-II) Garment Construction	5 Hrs.	100	4 Hrs.
AD104	Market Survey of Kids wear and Adult Garments	2 Hrs.	25	
AD105	Exhibit / Display	2 Hrs.	50	
	Total		350	

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PAPER-I (THEORY)
AD101: GARMENT CONSTRUCTION

Time: 3 Hrs.

Max Marks: 75

Instructions for the Paper Setters:

- The paper setter is required to set 09 questions in all and the students are required to attempt 05 questions.
- First question is compulsory and will be composed of 15 short answer type questions from all the sections of one mark each.
- Section “A”, “B”, “C”, “D” consist of two questions each. Students are required to attempt one question from every section and all questions carry 15 marks each.

Course Objectives:

- | |
|---|
| <ul style="list-style-type: none">• To develop fundamental understanding of fashion, design elements, and principles.• To familiarize students with sewing machines, tools, and garment construction basics.• To impart knowledge of body measurements and anthropometry. |
|---|

SECTION-A

- **Equipment and supplies in clothing construction**
 - Classification of equipment- (Measurement / pinning and Marking / Cutting / Sewing Finishing Equipment)
 - Parts of Sewing Machine.
 - Sewing Machine its uses and care and its defects and remedies

SECTION-B

- **Anthropometry (Taking body measurements)**
 - Definition, Precautions while taking various measurements (length, girth & width measurement).
- **Drafting and its importance.**

SECTION-C

- **Introduction to Elements of Design**
 - Types of Line and their uses
 - Classification of Color, Color wheel and Color schemes

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SECTION-D

- **Factors influencing selection of clothing**
 - Sex
 - Geographical factors
 - Occupation
 - Occasions
 - Income
 - Physical features – Height, Weight, Complexion

- **Selection of clothing for different age groups**
 - Infant
 - Toddlers
 - Adolescent
 - Adults
 - Old age

Course Outcomes:

After completing this paper, students will be able to:

- | |
|--|
| <ul style="list-style-type: none">• Explain basic concepts of fashion, style, and design principles.• Identify and use sewing machines and related tools effectively.• Take accurate body measurements using standard techniques.• Apply elements and principles of design in clothing and fashion. |
|--|

Reference Books:

1. Gupta, S., Garg, N., Kaur, J., Gupta, L., Text Book of Clothing, Textile and Laundry, Kalyani Publishers 2015.
2. Sodha, M., Garment Construction, Kalyani Publishers 2003.

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PAPER-II
(PRACTICAL-I)

AD102: NEEDLE CRAFT AND SURFACE ORNAMENTATION

Time: 4 Hrs.

Max Marks: 100

Instructions for the Paper Setters:

- The paper will be set on the spot.
- Embroidery motif using minimum 3 stitches.
- Preparing a small article using crocheting

Course Objectives:

- | |
|--|
| <ul style="list-style-type: none">• To develop skills in basic and traditional embroidery techniques.• To provide knowledge of color theory and its application in fashion.• To train students in theme-based design development and presentation. |
|--|

- **Making samples of the following embroidery stitches**
 - Running Stitch
 - Back Stitch
 - Stem Stitch
 - Chain stitch
 - Satin stitch
 - Lazy Daisy stitch
 - Herring bone stitch
 - Cross stitch
 - French knot
 - Bullion stitch
- **Making samples of the following traditional embroidery stitches**
 - Phulkari
 - Chikankari
 - Kantha
 - Kashmiri
- **Crochet - Making samples of the following**
 - Single
 - Double
 - Circular

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- **Hand Knitting -Making samples of the following**
 - Purl
 - Knit
 - Cable

- **Make two Articles at the end of the course by using the below mentioned techniques;**
 - Crochet /Hand Knitting
 - Traditional embroidery

Scheme Work/File

Course Outcomes:

After completing this paper, students will be able to:
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- | |
|---|
| <ul style="list-style-type: none">• Execute various basic and traditional embroidery stitches and techniques.• Apply color schemes and texture techniques effectively in design.• Develop theme-based creative designs inspired by various sources. |
|---|

Recommended Books:

1. Mistry, C., Embroidery Design, Navneet Publications (india) Ltd., 2005.
2. Stanley, L., Bead and Sequin Embroidery Stitches, Guild of Menter Craftsman Publication Ltd.,2004.

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PAPER–III
(PRACTICAL–II)
AD103: GARMENT CONSTRUCTION

Time: 4 Hrs.

Max Marks: 100

Instructions for the Paper Setters:

- The paper will be set on the spot.
- Drafting and stitching of any one garment.
- Due importance must be laid on drafting file & sample file. So that students may be assessed on their performance through the year.

Course Objectives:

- | |
|--|
| <ul style="list-style-type: none">• To impart practical knowledge of garment construction techniques.• To train students in drafting, cutting, and stitching of garments.• To develop skills in pattern making and design development.• To provide hands-on experience in creating garments for different categories. |
|--|

Making samples of the following:

- **Basic Hand Stitches**
 - Tacking
 - Running stitch
 - Hemming
 - Back stitch
 - Button hole stitch
- **Seams**
 - Plain seam
 - Flat seam
 - Run & fell seam
 - French seam
- **Fasteners**
 - Buttons
 - Hooks
 - Zipper
- **Plackets**
 - Continuous wrap
 - Two piece placket

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- **Pockets**
 - Patch pocket
 - Kangaroo pocket
 - Inseam pocket
- **Neckline Finishes**
 - Bias piping
 - Facing
- **Stitching Details**
 - Gathers
 - Tucks (Pin ,shell, cross, space tucks)
 - Darts & Pleats
- **Collars**
 - Baby collar
 - Convertible collar
 - Cape collar
 - Chinese band attached on bodice block (Making samples for file work)
- **Sleeves**
 - Plain
 - Puff
 - Magyar
 - Umbrella
 - Petal Sleeve

Drafting & Construction of the following (Emphasis on Finishing of Garments during & after Construction):

- **Children Garments**
 - Romper
 - A line Frock
 - Boys shirt
 - Frock- gathered/box pleated/Knife pleat/circular/designer
 - Night suit
 - Kurta and Pant Cut Pajama
- **Adult garments**
 - Petticoat/kalidar kurta
 - Blouse
 - Salwar Kameez
 - Pyjama/plazo/straight pants
- Renovation and Remodeling of garments (any one)
- Production of two order garments, creativity project and scheme work of students. So that students may be assessed on their performance through the year.

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Course Outcomes:

After completing this paper, students will be able to:

- Perform basic hand stitches, seams, and finishing techniques.
- Draft patterns for garments including bodice, sleeves, collars, and skirts.
- Construct garments for children and women using standard methods.
- Apply various garment detailing techniques like pleats, darts, and gathers.
- Develop innovative garments using renovation and design techniques.

Recommended Books:

1. Complete guide to Sewing Reader's Digest Publication.
2. Gupta.S., Garg.N, Kaur.J, Gupta, L.Text Book Clothing, Textile and Laundry, Kalyani Publishers 2015.
3. Armstrong .J, Pattern Making For Fashion. 2005

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AD104: Market Survey of Kids Wear and Adult Garments

Max Marks: 25

Student will do a survey on Kids Wear and Adult Garments.

- Accessories
- Trimmings
- Laces
- Fabrics
- Designs etc.

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AD105: Exhibit/Display

Max Marks: 50

Exhibit and display of the articles prepared by the students during the session.

- Baby Garments
- Adult Garments
- Embroidery Articles
- Dupattas
- Cushions
- Key Chain
- Designer Suit

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Panel of Examiners

The panel of examiners recommended by the syllabus committee for the annual examination of Certificate Course in Apparel Designing (One Year) at University Campus, Amritsar the session 2026-26 and for re-appears examination to be held as per the ordinance:

1. Mrs. Harpreet Aneja, Assistant Professor,
RR Bawa DAV College for Girls, Batala.
Phone Number: 9465273537,
Email ID: anejaharpreet77@gmail.com
2. Mrs. Sharina, Assistant Professor,
Khalsa College for Women, Amritsar.
Phone Number: 877043330,
Email ID: mahajansharina@gmail.com
3. Ambica Khurana, Assistant Professor,
Khalsa College for Women, Amritsar.
Phone Number: 8837643781,
Email ID:
4. Mrs. Cheena Gupta, Assistant Professor,
BBK DAV College for Women, Amritsar.
Phone Number: 9216770000,
Email ID: creativecheena444@gmail.com
5. Mrs. Jasmeet Kaur, Assistant Professor,
Khalsa College, Amritsar.
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6. Neeti Anand, Assistant Professor,
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